

BINNABURRALODGE

LAMINGTON NATIONAL PARK | QUEENSLAND | AUSTRALIA

Activities

Every Monday	8.30am – 2.30pm 3.30pm – 4.30pm 4.00pm – 4.30pm 4.30pm – 5.30pm 6.00pm – 8.30pm	Guided Walk – Coomera Falls (11km) *T \$50 A / \$30 C Bush Tucker Walk *B Bush Fire Gallery open *B Welcome to Binna Burra Walk *B Kids Night Adventure (7-13 y/o) *T
Every Tuesday	9.30am – 1.00pm 1.45pm – 3.00pm 3.00pm – 4.15pm 4.00pm – 4.30pm 4.30pm – 5.30pm 7.30pm – 8.30pm	Kids Nature Crafts (all ages) *B Archery *B Archery *B Bush Fire Gallery open *B Welcome to Binna Burra Walk *B Spotlighting *B
Every Wed	8.00am – 11.30am 3.30pm – 4.30pm 4.00pm – 4.30pm 4.30pm – 5.30pm 7.30pm – 8.30pm	Guided Walk – Yangahla Lookout (5km) *T \$35 A / \$20 C Bush Tucker Walk *B Bush Fire Gallery open *B Welcome to Binna Burra Walk *B Silent Night Walk *B
Every Thursday	9.00am – 12.30pm 1.45pm – 3.00pm 3.00pm – 4.15pm 4.00pm – 4.30pm 4.30pm – 5.30pm 7.30pm – 8.30pm	Kids Re-Wilding (7-13 y/o) *B Archery *B Archery *B Bush Fire Gallery open *B Welcome to Binna Burra Walk *B Spotlighting Walk *B
Every Friday	8.30am – 2.30pm 3.30pm – 4.30pm 4.00pm – 4.30pm 4.30pm – 5.30pm 6.00pm – 8.30pm	Guided Walk – Lower Ballanjui Lookout (11km) *T \$50 A / \$30 C Bush Tucker Walk *B Bush Fire Gallery open *B Welcome to Binna Burra Walk *B Kids Night Adventure (7-13 y/o) *T
Every Saturday	7.30am – 8.30am 9.00am – 12.30pm 1.45pm – 3.00pm 3.00pm – 4.15pm 4.00pm – 4.30pm 4.30pm – 5.30pm 7.30pm – 8.30pm	Wellbeing Class - Mindful Mornings *B Kids Re-Wilding (7-13 y/o) *B Archery *B Archery *B Bush Fire Gallery open *B Welcome to Binna Burra Walk *B Spotlighting Walk *B
Every Sunday	6.30am – 7.30am * 9.30am – 1.00pm 1.45pm – 3.00pm 3.30pm – 4.30pm 4.00pm – 4.30pm 4.30pm – 5.30pm	Wellbeing Class – Yoga on the Mountain *B (*starting 3 Jan 2021) Guided Walk – Tullawallal Circuit (5km) *T \$35 A / \$20 C Archery Bush Tucker Bush Fire Gallery open *B Welcome to Binna Burra *B



Book at Reception or online at www.binnaburralodge.com.au/book-activities
Prices overleaf and above for walks **A**=adult **C**= child aged 13 & under
Meeting Points: *T = **Teahouse**; *B = **Barn** / All activities weather dependent
Welcome to Binna Burra activity (complimentary for Sky Lodge guests – please register with reception).



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Activities

MINDFUL MORNINGS - Ages 13+ | 60 min duration | \$25 per person

Take time out to feel the benefits of some mindful practices in nature. Connect with the moment and your senses via tea, essential oils, music and guided meditations. A gentle walk and time for reflective journaling will bring you back to your body, mind and spirit, ready for what the day may bring. Suitable for all abilities. Meet outside the Barn

KIDS RE-WILDING - Ages 7+ | 3.5 hr duration | \$40 per child

Fun, adventure and empowering games for the kids. A chance to learn some traditional living skills, whilst connecting with nature. Activities may include rope skills, shelter and fire making; animal tracking and camouflage. Includes morning tea. Bring 1L water and extra snacks if required. Wear layers & closed in shoes. Meet outside the Barn

NATURE CRAFTS - All ages | 3.5 hr duration | \$25 Adult - \$15 Child

Fun, nature-based art for little and big kids. Suitable for all abilities. A chance to create and paint your own nature craft to take home or make a totem for your time at Binna Burra. Includes all art supplies, snacks and short walk (weather dependent). Bring 1L water and extra snacks if required. Wear layers. Meet outside the Barn

KIDS NIGHT ADVENTURE - Ages 7+ | 2.5 hr duration | \$35 per child.

Take the night off and let us entertain the kids with their own adventure after dark! Activities may include lantern making, a short night walk, games and a campfire (subject to fire restrictions)! Simple kids' dinner included. Meet outside the Teahouse.

ARCHERY - Ages 7+ | 75 min duration - \$25 per person

Everyone loves to shoot arrows. In fact, archery has been around for almost 15,000 years and was once critical to human survival. Our guides will explain how to hold the bow and aim for the target. All you have to do is hit the bullseye! It's fun, great for hand-eye co-ordination - an activity for all ages. Bring water bottle. Wear layers & closed in shoes. Meet outside the Barn

BUSH TUCKER WALK - All ages | 60 min duration | \$25 Adult - \$15 Child

The forest is full of different bush foods and medicines. With our guide's knowledge, discover the bush tucker of Yugambeh country, the medicinal properties of various plants and how you might grow some bush tucker at home. You just might get to taste some local treats like lemon myrtle. Bring water bottle. Wear layers & closed in shoes. Meet outside the Barn

WELCOME TO BINNA BURRA - All ages | 60 min duration

\$20 Adult - \$10 Child (complimentary activity for Sky Lodge Guests – register with reception)

Discover the characters that built Binna Burra and learn about recent history. This orientation walk will give you a sense of place and help you discover all the facets of Binna Burra. We begin the walk at the recently opened Binna Burra Gallery, see the site of the old lodge and finish at either the Teahouse or Grooms Cottage for a welcome drink and nibbles. Wear layers & comfortable shoes. Meet outside the Barn.

SPOTLIGHTING WALK & SILENT NIGHT WALKS - All ages | 60 min duration | \$25 Adult - \$15 Child

Spotlighting: Join in on this engaging nocturnal walk as the forest comes alive. We may encounter marsupials like our local pademelons, possums and gliders, alongside micro-bats, owls and maybe even a spider or two!

Silent Night: This relaxing evening is based around the traditional Japanese Moon Viewing Party. After a short walk with lanterns, we observe the night sky and forest in silence. Your guides will lead you through this gentle and nature connecting evening. For both night walks, wear layers & comfortable shoes. BYO torch or phone torch for walking to and from activity. Meet outside the Barn

GUIDED WALKS - All ages - Children under 13 must be with an Adult | Walk times & prices vary

Let our guides take you on an adventure through the natural beauty of Lamington National Park. See weekly activity schedule for walks on offer. Morning tea is included.

Dress in layers, wear a hat and closed in shoes, bring water, extra snacks and picnic lunch if longer than 3 hours.



Activities

GUIDED NATIONAL PARK WALKS

Coomera Falls (11km return / 5-6hr)

Rated as one of Australia's best hikes by Australian Geographic. Dense forests, spectacular lookouts over waterfalls and gorges are just a few of the stunning features on this spectacular walk. See if you can spot bright blue and white Lamington spiny crayfish along the way. Morning tea included. Bring picnic lunch / 2ltr water / hat / extra snacks / rain jacket. Wear layers and closed in shoes. All ages: Children under 13 must be accompanied by an adult. Min 4 – Max 22 (Meet outside the Teahouse)

Lower Ballanjui Falls (11km return / 5-6hr)

Join your guide on one of the lesser walked trails. Following the Ship Stern track past Koolanbilba and Yangahla Lookouts, we descend via eucalypt and tall palm forests to Nixon Creek. Continuing upstream, we come to the base of Ballanjui Falls, the perfect place for a picnic lunch. We return on the same track. Morning tea included. Bring picnic lunch / 2ltr water / hat / extra snacks / rain jacket. Wear layers and closed in shoes. All ages: Children under 13 must be accompanied by an adult. Min 4 – Max 22 (Meet outside the Teahouse)

Tullawallal Walk (5km return / 3.5hr)

Tullawallal in the Yugambah language translates to “place of many trees”. As we spiral up to the gentle summit, we come to a rare pocket of cool temperate rainforest full of Antarctic Beech *Nothofagus moorei*. This is the northernmost patch of this species in Australia. Your guides will tell you about these ancient trees, one of our remaining links with the forests of Gondwana. Morning tea included. Bring 1ltr water / hat / extra snacks / rain jacket. Wear layers and closed in shoes. All ages: Children under 13 must be accompanied by an adult. Min 6 – Max 18 (Meet outside the Teahouse)

Yangahla Lookout (5km return / 3.5hr)

Let our guides introduce you to Big Foot (a massive Tallowwood tree) before we descend through rainforest and patches of eucalypt forest. From two different lookouts, we take in the views over the Kurraragin Valley, Egg Rock, Ships Stern and the Hinze Dam. Yangahla means ‘resting place – flat rock’ in the local Yugambah language. Morning tea included. Bring 1ltr water / hat / extra snacks / rain jacket. Wear layers and closed in shoes. All ages: Children under 13 must be accompanied by an adult. Min 6 – Max 22 (Meet outside the Teahouse)

GUIDED WALKS - All ages - Children under 13 must be with an Adult Walk times & prices vary

Let our guides take you on an adventure through the natural beauty of Lamington National Park. See weekly activity schedule for walks on offer. Morning tea is included. Dress in layers, wear a hat and closed in shoes, bring water, extra snacks and picnic lunch if longer than 3 hours.



Book Activities at Reception OR online at www.binnaburralodge.com.au/book-activities

A little about our partners, ParkTours:

Starting in 1975, the company is family-owned and operated by Lisa Groom, granddaughter of Arthur Groom (founder of Binna Burra Lodge). A feature of any ParkTours journey is discovering the natural world with guides who call the place home. Many of our guides have worked at Binna Burra before and have first aid training and Blue Card accreditation. ParkTours has Advanced Ecotourism Accreditation and follows a COVID safe industry plan.

www.parktours.com.au

